

WELLNESS CENTER SERVICES:



WHOLE BODY CRYOTHERAPY

A 3-minute whole body cold therapy treatment proven to reduce joint and muscle pain, boost energy and metabolism, while increasing the body's natural healing abilities.



LOCAL CRYOTHERAPY

Targeted cold therapy treatment that helps reduce pain and swelling in areas such as the back, knee or ankle joints, and increases mobility.



FACIAL CRYOTHERAPY

Helps stimulate the production of collagen, decrease pore size, while giving your skin a tighter, more even-toned look.



FLOATING THERAPY

One of a kind sensory deprivation experience! Float effortlessly in Epson salt water to promote calm and peaceful relaxation, pain relief, better sleep and so much more.



COMPRESSION THERAPY

Using the NormaTec Recovery System, compression helps maximize blood and lymphatic fluid flow to reduce pain and soreness, increase flexibility, and promote recovery.



COLON HYDROTHERAPY

Colon Hydrotherapy, also known as colonic cleansing or irrigation, involves using water to flush waste out of the large intestine. A properly functioning colon is vital to overall health and wellness.



IV DRIP THERAPY

IV drip therapy and vitamin booster shots are designed to deliver essential nutrients, vitamins, and hydration directly into the bloodstream for quick absorption and maximum effectiveness. IV drip therapy involves a sterile solution of vitamins, minerals, and fluids administered intravenously, providing a fast and efficient way to replenish nutrients and support overall health and well-being. Vitamin booster shots, on the other hand, are quick injections of concentrated vitamins and antioxidants that can boost energy levels, enhance immune function, and promote optimal health.



ACCESS BARS

This is a hands on energy healing treatment. It uses energy "bars" which are located on the head and unlocks them using gentle touch. This brings the body and mind back into line and in harmony with each other.



HALO SALT THERAPY

A halogenerator grinds salt into microscopic particles and releases them into the air of the room. Once inhaled, they help with respiratory conditions, such as asthma, chronic bronchitis, and allergies. It can also help ease smoking-related symptoms, such as a cough, shortness of breath, and wheezing; treat depression and anxiety; help cure some skin conditions, such as psoriasis, eczema, and acne.



MASSAGES

Enjoy, relax, revive and heal the body. Choose between Swedish or Deep Tissue massage, Aromatherapy or Hot Stone massage. Couple's Massage is also available.



SWISS BIONIC MEDBED

This rejuvenating bed combines Pulsed Electromagnetic Fields with Far-infra Red technology, Color therapy for brain entrainment, Sound and Biofeedback. It enhances your body's natural recovery process and supports optimal cellular function (ATP). Helps reduce inflammation (the root of all dis-ease), and speeds up recovery. Helps with post operative pain, bone rejuvenation, depression, pain, urinary incontinence and blood circulation. The brain-entrainment color therapy goggles increase attention, reduce stress and anxiety. Improve memory, enhanced meditation & mood boost. The bed utilizes bio-feedback technology to communicate with the body's information field and vitals to self-adjust the necessary frequency intensity.



AVACEN

is an innovative medical device with a unique technology delivers heat therapy to the palm of the hand, increasing circulation and promoting relaxation throughout the body. This gentle and soothing treatment can help alleviate a variety of conditions such as arthritis, fibromyalgia, muscle tension, and joint pain.



RED LIGHT THERAPY

PlatinumLED Therapy Lights are cutting-edge devices that harness the power of red and near-infrared light to promote healing and rejuvenation at the cellular level. These high-quality therapy lights deliver specific wavelengths of light that have been shown to stimulate cellular energy production, reduce inflammation, and accelerate tissue repair. Whether you're looking to improve skin health, reduce pain and inflammation, or enhance athletic performance, PlatinumLED Therapy Lights offer a safe, non-invasive, and effective way to support your body's natural healing processes.



BRAINTAP

A revolutionary audiovisual entrainment device that combines light, sound, and guided meditation to help users achieve a state of deep relaxation and mental clarity. By using specific frequencies of light and sound, BrainTap helps to synchronize the brainwaves and promote a balanced state of mind. This innovative technology is designed to reduce stress, improve focus, enhance sleep quality, and boost overall well-being. With a wide range of programs tailored to different needs, BrainTap offers a convenient and effective way to support mental health and cognitive function.



IONIC FOOT BATHS

A relaxing and detoxifying spa treatment that involves soaking your feet in a warm water bath infused with ions generated by an electrical device. The ions are believed to help draw out toxins and impurities from the body through the feet's pores, promoting a sense of relaxation and well-being. As you soak your feet, the water may change color, indicating the release of toxins from your body. Ionic foot baths are often used as a gentle detox method to support overall health, improve circulation, and reduce stress.



NIR (NEAR INFRARED) THERAPY

A cutting-edge skincare treatment that uses infrared light to penetrate deep into the skin, stimulating collagen production and promoting skin tightening and rejuvenation. This non-invasive procedure helps improve skin texture, reduce fine lines and wrinkles, and enhance overall skin tone, leaving you with a radiant and youthful complexion.



SDPR (SKIN DYNAMIC PULSE REJUVENATION)

is an innovative skincare treatment that harnesses the power of pulsed light technology to target specific skin concerns such as sun damage, pigmentation, redness, and uneven skin tone. This non-invasive procedure stimulates collagen production, reduces the appearance of fine lines and wrinkles, and promotes a more radiant and youthful complexion.



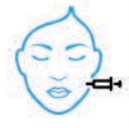
HYDRADERMABRASION FACIAL

is a luxurious skincare treatment that combines the benefits of exfoliation, hydration, and extraction to reveal smoother, brighter, and more radiant skin. This non-invasive procedure uses a gentle vacuum suction and hydrating serums to cleanse and exfoliate the skin, removing impurities and dead skin cells. The result is a deeply hydrated and rejuvenated complexion with improved texture and tone.



MICRONEEDLING

is a cutting-edge skincare treatment that involves using a device with fine needles to create tiny punctures in the skin's surface. This process stimulates the skin's natural healing response, triggering collagen production and promoting cell turnover. The result is smoother, firmer, and more youthful-looking skin with improved texture and tone. Microneedling is effective in reducing the appearance of fine lines, wrinkles, acne scars, and hyperpigmentation, making it a popular choice for those seeking to rejuvenate their skin. Experience the transformative benefits of microneedling for a radiant complexion that glows from within.



PRP/PRF: PRP (PLATELET-RICH PLASMA) PRF (PLATELET-RICH FIBRIN)

are both advanced skincare treatments that utilize the power of platelets to rejuvenate the skin. The main difference between the two lies in their composition and preparation method. PRP is a blood component with a higher concentration of platelets, while PRF is a fibrin matrix enriched with platelets and white blood cells. PRP is typically used for more superficial skin concerns, such as fine lines and wrinkles, while PRF is often preferred for deeper tissue regeneration and volumizing effects. Both treatments are effective in promoting collagen production, improving skin texture, and enhancing overall skin health.



DERMAL FILLERS

are a cosmetic treatment used to restore volume, smooth out wrinkles, and enhance facial contours. Made from various substances such as hyaluronic acid or collagen, dermal fillers are injected into specific areas of the face to plump up the skin and create a more youthful appearance. They can be used to address fine lines, deep wrinkles, sunken cheeks, and thin lips, providing immediate results with minimal downtime. Dermal fillers are a versatile and effective solution for achieving a natural-looking rejuvenation and enhancing your facial features.



HAIR LASER REMOVAL

With the newest technology and the additional Hair Analyzer Handle, this cutting-edge Al diode laser technology is equipped with hair detection to intelligently recommend the best parameters for optimal results. Say goodbye to unwanted hair in just 2-3 visits!



STEAM ROOM

A session in our beautiful steam room will help improve circulation, lower blood pressure, reduce stress, clear congestion, promote skin health, aid in workout recovery, loosen stiff joints, burn calories, boost your immune system and remove toxins.



INFRARED SAUNA

Detox, relax and reduce stress and inflammation. Our sauna comes equipped with a chromotherapy light that promotes a positive shift in your mood, increase of energy and so much more.



BIO CHARGER

BioCharger is an advanced wellness device that integrates light, frequency, harmonics, and a Tesla coil to enhance relaxation and overall well-being. With a selection of up to 1100 recipes to choose from, users can customize their experience to support various aspects of health and vitality. The Tesla coil emits electromagnetic fields that work synergistically with the other modalities to promote balance and harmony within the body. This cutting-edge technology offers a holistic and non-invasive approach to optimizing wellness and improving quality of life.



TOX/WRINKLE RELAXERS

such as Botox or Dysport, are popular cosmetic treatments that temporarily reduce the appearance of wrinkles and fine lines by relaxing the underlying muscles. These injectable neurotoxins work by blocking nerve signals to the muscles, preventing them from contracting and causing wrinkles to soften and fade. Tox treatments are commonly used to target areas like frown lines, crow's feet, and forehead wrinkles, providing a smoother and more youthful-looking complexion. With quick and virtually painless injections, Tox treatments offer a convenient way to achieve a refreshed and rejuvenated appearance without surgery or downtime.



COOL SLIMMING/360 CRYOLIPOLYSIS

The latest innovation in non-invasive body contouring that targets stubborn fat cells through the power of controlled cooling technology. This cutting-edge treatment offers a 360-degree approach to sculpting your body by freezing and eliminating fat cells, helping you achieve a slimmer and more toned appearance. Say goodbye to unwanted bulges and hello to a more confident you.

